

### Ablaufplan Sonntag 05.11.2023

|       | Riege 1      | Riege 2  | Riege 3  | Riege 4 | Riege 5  | Riege 6  | Riege 7  |
|-------|--------------|----------|----------|---------|----------|----------|----------|
| 09:00 | 60m Hü       |          |          |         |          | Diskus 2 | Stab     |
| 09:15 |              |          |          |         | 60m Hü   |          |          |
| 09:30 | Diskus 1     |          | 60m Hü   |         |          |          |          |
| 09:45 |              |          | Hoch1    | 60m Hü  | Kugel    |          |          |
| 10:00 |              | 60m Hü   |          |         |          |          |          |
| 10:15 |              |          |          | Speer1  |          |          |          |
| 10:30 |              |          |          |         |          | 60m Hü   |          |
| 10:45 |              | Diskus 1 |          |         |          |          |          |
| 11:00 |              |          |          |         |          | Weit2    |          |
| 11:15 |              |          |          |         | Hoch1    |          |          |
| 11:30 | Stab         |          |          | Weit1   |          |          | 60m Hü   |
| 11:45 |              |          | Diskus 2 |         |          |          |          |
| 12:00 |              | Speer1   |          |         |          |          |          |
| 12:15 |              |          |          |         |          |          | Diskus 1 |
| 12:30 |              |          |          |         |          |          |          |
| 12:45 |              |          |          |         |          |          |          |
| 13:00 |              |          |          |         |          |          |          |
| 13:15 |              |          | Speer1   | Hoch1   |          |          |          |
| 13:30 |              |          |          |         |          | Kugel    |          |
| 13:45 |              |          |          |         | Diskus 1 |          |          |
| 14:00 |              | Stab     |          |         |          |          |          |
| 14:15 |              |          |          |         |          |          |          |
| 14:30 | Speer1       |          |          |         |          |          |          |
| 14:45 |              |          |          |         |          |          |          |
| 15:00 |              |          | 1500m    |         |          |          | Hoch1    |
| 15:15 |              |          |          |         |          |          |          |
| 15:30 |              |          |          |         |          |          |          |
| 15:45 | 1500m        |          |          |         |          |          |          |
| 16:00 |              |          |          |         |          | 1500m    |          |
| 16:15 |              |          |          | 1500m   |          |          |          |
| 16:30 |              |          |          |         | 1500m    |          |          |
| 16:45 |              | 1500m    |          |         |          |          |          |
| 17:00 |              |          |          |         |          |          | 1500m    |
| 17:15 | Siegerehrung |          |          |         |          |          |          |
| 17:30 |              |          |          |         |          |          |          |